

6TH GRADE INTEGRATED HEALTH & PHYSICAL EDUCATION - Course Code 340287

This course is designed to give students the opportunity to learn through a comprehensive sequentially planned Physical Education and Health Education program by combining the Kentucky Academic Standards for Middle School (6th Grade) Physical Education and Health Education (6th Grade) into one course.

7TH GRADE INTEGRATED HEALTH & PHYSICAL EDUCATION - Course Code 340288

This course is designed to give students the opportunity to learn through a comprehensive sequentially planned Physical Education and Health Education program by combining the Kentucky Academic Standards for Middle School (7th Grade) Physical Education and Health Education (7th Grade) into one course.

8TH GRADE INTEGRATED HEALTH & PHYSICAL EDUCATION – Course Code 340289

This course is designed to give students the opportunity to learn through a comprehensive sequentially planned Physical Education and Health Education program by combining the Kentucky Academic Standards for Middle School (8th Grade) Physical Education and Health Education (8th Grade) into one course.

6TH GRADE PHYSICAL EDUCATION - Course Code 340226

This course is designed to give students the opportunity to learn through a comprehensive sequentially planned Physical Education program in accordance with the Kentucky Academic Standards for Middle School (6th Grade) Physical Education. The emphasis of this course is to provide students with the skills, knowledge, attitude and confidence to be active for a lifetime. Students will have the opportunity to develop skills in fitness/conditioning activities, individual/team sports and recreational activities. Students will learn to define, describe and identify how physical education contributes to optimal development of physical, mental, emotional and social health.

7TH GRADE PHYSICAL EDUCATION – Course Code 340227

This course is designed to give students the opportunity to learn through a comprehensive sequentially planned Physical Education program in accordance with the Kentucky Academic Standards for Middle School (7th Grade) Physical Education. The emphasis of this course is to provide students with the skills, knowledge, attitude and confidence to be active for a lifetime. Students will have the opportunity to develop skills in fitness/conditioning activities, individual/team sports and recreational activities. Students will learn to explain and summarize how physical education contributes to optimal development of physical, mental, emotional and social health.

8TH GRADE PHYSICAL EDUCATION – Course Code 340228

This course is designed to give students the opportunity to learn through a comprehensive sequentially planned Physical Education program in accordance with the Kentucky Academic Standards for Middle School (8th Grade) Physical Education. The emphasis of this course is to provide students with the skills, knowledge, attitude and confidence to be active for a lifetime. Students will have the opportunity to develop skills in fitness/conditioning activities, individual/team sports and recreational activities. Students will learn to analyze and translate how physical education contributes to optimal development of physical, mental, emotional and social health.